



Whew! I've registered for Spring 2016!

Now what?

Volunteer!

AYSO is an all-volunteer organization. We need you to volunteer to be a referee, a coach, a Team Parent who makes sure there are snacks, trophies, and an end-of-season party, and to paint lines on the fields each week. Training is provided, and it's free. Remember – this great soccer organization is only possible because people like you volunteer!

When are the teams assigned?

Your AYSO 390 Board and Coaches begin the process of putting the teams together for the upcoming season right away. Coaches will get their team rosters at the Coach meeting on **Monday, February 22**.

When do we meet our Coach?

Come to the **Parent Meeting on Thursday, February 25 at 6 pm at Grove Theater** to get started. The Coaches will also call their players between **Feb. 25 – 28** with info about practice times and location. Teams may **begin practice on or after February 29**. Each coach has his/her own practice days, time, and location. The practice fields are located throughout Oak Ridge. Your field may not be the closest one to your home.

It's after Feb. 28 and my child has not been called. What do I do?

Please don't panic if you see teams practicing and your child has not been called. Not all teams begin practice at the same time. But if your child has not been called by Feb. 28, email our Region 390 registrar at registrar@aysoregion390.org

What else does my child need?

Your registration fee includes all AYSO fees, field maintenance and equipment costs, goals, nets, accident insurance, and City fees. Uniforms can be used for many years, so the cost is not included in the registration fee. All players must wear the full AYSO Region 390 uniform in games. Uniforms can be purchased at the AYSO office during registration. Shinguards and socks are required at all practices and games. Players also need a soccer ball. Soccer shoes are helpful but not required

How often are practices and games?

U5 and U6 teams practice once a week and play their games during their practice time. U8-U19 teams usually practice twice a week (field and times are determined by your child's coach). Games will be on Saturdays. The first game is scheduled for **Saturday March 12** for some teams.

Refunds

Players who withdraw on or before **Feb. 22** will be issued a full refund. After that, \$25.00 is charged to cover fees that have been paid to National AYSO and the City of Oak Ridge. **No refunds** are issued after practices begin except if: 1) a child is injured and unable to play; or 2) a child has moved out of the region.

Please contact Region 390 registrar at registrar@aysoregion390.org

Late registration

Players who register after Feb. 4 will be put on a waiting list and will be placed on a team if space permits. Late Registration Fee is \$10.00. Your check is deposited only if the child is assigned a team. To check on late registration possibility, email registrar@aysoregion390.org

Special Requests

Your AYSO Region works very hard to create balanced teams. Please understand that we cannot honor requests for a specific coach or that your child be on a team with certain other players.

Important Dates to Remember

Coach Training – Saturday, Feb. 27, 8am
Coach Meeting – Monday, Feb. 22, 6pm
Parent Meeting – Thursday, Feb. 25, 6pm
Referee Training – Saturday, March 5, 8am
Practices Begin – Week of Feb. 29 (most ages)
Late Uniform sales – Thursday, March 10, 5-7 pm
Games Begin – Saturday, March 12 or later
Last games – Saturday, May 7 (most teams)
3v3 Tournament – May 14 (Tentative)



AYSO Soccer

Safety is **FIRST!**

Player Safety Rules *At-A-Glance*

NO

- Pets inside fence
- Playing without shin guards and socks
- Jewelry or ornaments, including
 - earrings
 - chains, necklaces
 - wristbands or strings
 - pierced body jewelry
 - hair barrettes or clasps
 - hair beads
 - plastic, metal, wood headbands, or any hard material
 - hats
- Hard casts or splints
- Hard padding
- Sunglasses
- Metal or toe cleats that might hurt other players

YES

- Proper soccer uniform
- Prescription glasses (straps are allowed)
- Knee braces (soft or padded)
- Protective head gear (soft)
- Medical alert bracelets
- Religious medallions (must be secured or taped)
- A toboggan in cold weather

Have Fun!

Remember: *The Laws of the Game* (the rules of soccer) state that the Referee has the final word on safety